

# **Skagit County Board of Health**

Peter Browning, Chair Lisa Janicki, Commissioner Ron Wesen, Commissioner

## PHT Meeting Minutes March 3, 2022/8:30am Virtual over ZOOM

**Members:** Maureen Pettitt, Carolyn Connor, Kevin Murphy, Chris Johnston, Lyndie Simmonds, Margaret Rojas, Annaliese Vance Sherman, Bill Henkel, Dean Snider, Ismael Vivanco, Kandi DeVenere

**Community Stakeholders:** Jennifer Johnson, Craig Chambers, Jennifer Sass-Walton, Polly Dubbel, Marci Bloomquist

Staff: Kristen Ekstran, Camille Keefe, Danica Sessions

Guests: Kelli Baker, Rocio Castillo-Foell, Ario Salazar, Shelley Price, Meghann Miller, Stacey Anderson

### Welcome and Agenda Review – Kristen Ekstran

Kristen welcomed everyone and shared the exciting news that this will be the last Zoom meeting for the foreseeable future. May will be the next meeting and plans are that it will be held in person. Kristen reviewed the agenda and welcomed the guests who are attending.

#### Food System Presentation- Meghann Miller

Meghann Miller, a doctorate nursing student from UW, presented her findings from her capstone project that she completed under mentorship from Kristen Ekstran. The project was titled "Food Security: Coordination of Efforts to Increase Resiliency in Skagit County." Meghan presented data that showed that 1 in 5 residents in Skagit County experienced food insecurity during the pandemic. She also shared the purpose of her project which was to complete an assets and gaps analysis that could help guide future food insecurity work done with PHT. Meghan surveyed 23 respondents with a 10 question survey and had an over 50% response rate. Meghan shared the responses to the survey and provided a summative report. She made future recommendations based off her research which were: further research into culturally appropriate foods and nutritional improvement, develop a targeted taskforce through the strengthening of community partnerships, address gaps in education, and use food system utilizers as collaborators.

#### **COVID Update- Polly Dubbel**

Polly presented on the most recent COVID-19 data, showing a steady decline in rates and hospitalizations. She provided some background information that is guiding the reopening and loosening of some of the restrictions statewide.

#### Health Equity Activity- Camille Keefe

Camille led an interactive survey to guide a conversation about the equity training strategies and how to move forward in meaningful ways. Questions included: *What kind of equity work is your organization currently involved with? Does your organization have any current equity training needs? What ideas do you have for equity work/training we could (or should) do together as the Trust? How could the trust promote equity work in our community? What should be our first step?* Trust members typed their answers to these questions into Padlet and Camille led a debriefing conversation following this.

#### **ARPA Funding**

Kristen announced the availability of ARPA funds to meet some of the goals and strategies in the Recovery Plan. Kristen explained the process of how they would choose what to fund. She will be forming an Ad hoc ARPA committee

Skagit County Public Health | 700 South 2nd Street Room #301| Mount Vernon, WA 98273 | (360) 416-1524 "Working Together to Improve Health for All" with Trust members who's agencies wouldn't be recipients of any funds. This will mitigate any conflicts of interest. Members of the committee are Maureen Pettit, John Sternlicht, Kevin Murphey, Annaliese Vance-Sherman, and Margaret Rojas. Kristen will facilitate these meetings and Jennifer Johnson will act as a conduit between the committee and Board of County Commissioners who will make allocation decisions. Proposals will be based upon the top 12 strategies in the plan and once proposals are chosen they will go to Steering and finally to the larger Trust prior to being brought to the Board of County Commissioners.

#### Updates

Skagit County Public Health's Epidemiologist is working on developing metrics for the Recovery Plan. The Board of Health presentation on the Recovery Plan is scheduled for 03/24/2022 from 10:00-11:30am. The Trust will take a break in April and the next meeting will be held in person in May.

Meeting Adjourned 10:30am

Minutes compiled by Camille Keefe